

LADIES'

Shirts/Polo's/Chef's Jackets/Knitwear/Waistcoats/Beauty Tunics

Call size	XXS	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL
Size	6	8	10	12	14	16	18	20	22	24	26
Collar cm	39	40	41	42	44	45	47	48	50	51	53
Bust to fit "	31	33	35	37	39	41	43	45	47	49	51
Bust to fit cm	79	84	89	94	99	104	109	114	119	124	129

LADIES TROUSERS

Call size	XXS	XS	S	M	L	XL	2XL	3XL	4XL	5XL
Size	6	8	10	12	14	16	18	20	22	24
Waist to fit "	22	24	26	28	30	32	34	36	38	40
Waist to fit cm	54	59	64	69	74	79	84	89	94	99

MEN'S

Shirts/Polo's/Chef's Jackets/Knitwear/Waistcoats/Health Tunics

Call size	XS	S	S/M	M	M/L	L	L/XL	XL	2XL	3XL	4XL	5XL	6XL	7XL
Collar "	14	14½	15	15½	16	16½	17	17½	18	18½	19	20	21	22
Collar cm	36	37	38	39	41	42	43	44	46	47	48	51	53	56
Chest to fit "	30	34	36	38	40	42	44	46	50	52	54	56	58	60
Chest to fit cm	77	87	92	96	102	107	111	117	126	132	138	142	147	152

MEN'S TROUSERS

Call size	S	M	L	XL	2XL	3XL	4XL	5XL
To fit waist"	30	32	34	36	38	40	42	44
To fit waist cm	76	80	86	92	96	100	106	110

CHEF'S TROUSERS

Call size	XS	S	M	L	XL	2XL	3XL	4XL	5XL
To fit waist"	24-26	27-29	30-32	33-35	36-38	39-40	41-42	43-44	45-46
To fit waist cm	61-66	68-73	76-81	84-89	91-96	99-101	104-106	109-111	114-116